

Klubbrekord veteraner IFK Lund - Utomhus

M35

| Gren | Resultat | | Namn | | Plats | Datum |
|-------------------------------|--------------------------|-------|-------------------------------------|------------|-----------------|-------------------|
| 100m | 11.90 | +1.01 | Christer Jörneskog | -49 | Huddinge | 1985-08-24 |
| 200m | 24.71 | -2.1 | Bertil Månsson | -45 | Malmö/S | 1983-07-24 |
| 400m | 53.55 | | Lars Gustavsson | -49 | Lund | 1986-06-07 |
| 1500m | 4.20.51 | | Alf Billberg | -44 | Oskarshamn | 1982-07-03 |
| 5km | 21:46+ | | Martin Löwegren | -84 | Stockolm | 2021-10-09 |
| 10000m | 34.20.6m | | Alf Billberg | -44 | Oskarshamn | 1982-07-04 |
| 10km | 43.40+ | | Martin Löwegren | -84 | Stockolm | 2021-10-09 |
| Halvmaraton | 1:32:10+ | | Martin Löwegren | -84 | Stockolm | 2021-10-09 |
| Maraton | 03:07:30 | | Martin Löwegren | -84 | Stockolm | 2021-10-09 |
| 110mh 106.7cm | 17.19 | +1.9 | Frank Lundberg | -45 | Malmö/S | 1983-07-23 |
| 400mh 91.4cm | 57.97 | | Frank Lundberg | -45 | Göteborg/S | 1980-09-14 |
| Höjd | 1.70 | | Carsten Lundahl | -44 | Trelleborg | 1983-06-23 |
| Stav | 3.90 | | Tönis Pikwer | -43 | Växjö | 1978-06-04 |
| Längd | 5.95 | -0.8 | Martin Carlström | -71 | Lund | 2006-09-02 |
| Tresteg | 9.59 | +1.6 | Sven-Erik Axelsson | -63 | Lund | 2002-09-09 |
| Kula 7.26kg | 14.85 | | Magnus Hallgrimsson | -76 | Göteborg/U | 2011-05-29 |
| Diskus 2.0kg | 53.30 | | Magnus Hallgrimsson | -76 | Hässleholm | 2011-06-12 |
| Spjut 800g | 50.97 | | Magnus Hallgrimsson | -76 | Eslöv | 2011-05-15 |
| Femkamp M35 | 1334p | | Peter Johansson | -54 | Ängelholm | 1989-09-09 |
| Tiokamp M35 | 5010p | | Frank Lundberg | -45 | Lund | 1982-09-26 |

**M40
Gren****Resultat****Namn****Plats****Datum**

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|---------------------------------|--------------------------|------|-------------------------------------|------------|--------------------|-------------------|
| 100m | 12.16 | +2.0 | Leif Mohlin | -39 | Malmö/S | 1983-07-23 |
| 200m | 25.19 | -0.2 | Jonas Reingoldt | -69 | Malmö | 2012-08-26 |
| 300m | 39.48 | | Christer Jörneskog | -49 | Stockholm/S | 1993-08-29 |
| 400m | 56.49 | | Roland Ekström | -53 | Krokom | 1997-06-28 |
| 800m | 2.14.66 | | Torbjörn Larsson | -61 | Århus DEN | 2004-07-29 |
| 1500m | 4.51.35 | | Torbjörn Larsson | -61 | Helsingborg | 2004-08-26 |
| 3000m | 11.22.9m | | Torbjörn Larsson | -61 | Greve DEN | 2004-06-20 |
| 5000m | 16.54.55 | | Daniel Ekman | -69 | Hässleholm | 2009-08-23 |
| 5km | 17:58 | | Knut Nordal | -81 | Helsingborg | 2021-08-27 |
| 10000m | 40.07.0m | | Torbjörn Larsson | -61 | Trelleborg | 2004-05-31 |
| 110mh 99.1cm | 19.01 | +0.9 | Jörgen Lindholm | -57 | Lund | 2000-06-03 |
| 400mh 91.4cm | 63.21 | | Jörgen Lindholm | -57 | Eskilstuna | 2001-08-18 |
| Höjd | 1.55 | | Tommy Jacobsson | -47 | Staffanstorps | 1990-05-22 |
| Stav | 3.00 | | Vahid Reza Darejati | -66 | Olofström | 2007-05-26 |
| Längd | 5.72 | +0.9 | Jonas Reingoldt | -69 | Gävle/GHS | 2013-08-16 |
| Tresteg | 11.55 | -0.4 | Jörgen Lindholm | -57 | Eskilstuna | 2001-08-19 |
| Kula 7.26kg | 12.19 | | Peter Rosenlöf | -64 | Lund | 2004-06-05 |
| Diskus 2.0kg | 33.67 | | Peter Rosenlöf | -64 | Eslöv | 2005-06-08 |
| Slägga 7.26kg | 34.29 | | Dan Lindahl | -60 | Göteborg/S | 2000-08-12 |
| Spiut 800g | 47.09 | | Peter Rosenlöf | -64 | Malmö | 2005-08-14 |
| Vikt 15.88kg | 9.32 | | Dan Lindahl | -60 | Malmö/S | 2001-05-05 |
| Femkamp M40 | 703p | | Bengt Schultz | -48 | Ängelholm | 1989-09-09 |
| Castorama | 1552p | | Håkan Jönsson | -65 | Trelleborg | 2009-09-26 |
| Kastfemkamp M40 | 2360p | | Dan Lindahl | -60 | Malmö/S | 2001-09-15 |

M45

| Gren | Resultat | | Namn | | Plats | Datum |
|---------------------------------|---------------------------|------|------------------------------------|------------|-----------------|-------------------|
| 100m | 12.17 | -0.9 | Leif Molin | -39 | Malmö/S | 1986-07-28 |
| 200m | 24.81 | +0.2 | Christer Jörneskog | -49 | Sollentuna | 1996-07-10 |
| 400m | 57.00 | | Jörgen Lindholm | -57 | Sundsvall | 2002-07-27 |
| 800m | 2.27.86 | | Alf Lundahl | -55 | Lund | 2004-06-05 |
| 1500m | 5.17.81 | | Alf Lundahl | -55 | Helsingborg | 2005-08-26 |
| 5km | 20:31:00+ | | Andreas Persson | -75 | Stockolm | 2021-10-09 |
| 10km | 41:34+ | | Andreas Persson | -75 | Stockolm | 2021-10-09 |
| Halvmaraton | 1:28:24+ | | Andreas Persson | -75 | Stockolm | 2021-10-09 |
| Maraton | 03:00:26 | | Andreas Persson | -75 | Stockolm | 2021-10-09 |
| 110mh 99.1cm | 18.32 | +0.3 | Jörgen Lindholm | -57 | Sundsvall | 2002-07-27 |
| 400mh 91.4cm | 61.54 | | Jörgen Lindholm | -57 | Sundsvall | 2002-07-26 |
| Höjd | 1.55 | | Leif Molin | -39 | Malmö/S | 1985-05-18 |
| Stav | 3.20 | | Bernt Jonsson | -28 | Toronto CAN | 1975-08-13 |
| Längd | 5.41 | +1.7 | Tommy Jacobsson | -47 | Lund | 1992-05-30 |
| Tresteg | 12.09 | +1.6 | Jörgen Lindholm | -57 | Lund | 2002-05-13 |
| Kula 7.26kg | 10.84 | | Karoly Dobi | -35 | Malmö | 1982-01-01 |
| Diskus 2.0kg | 43.02 | | Torstein Löve* | -23 | | 1971-01-01 |
| Slägga 7.26kg | 51.72 | | Torstein Löve* | -23 | | 1970-01-01 |
| Spiut 800g | 21.13 | | André Laszlo | -55 | Århus DEN | 2004-07-31 |
| Vikt 15.88kg | 10.71 | | André Laszlo | -55 | Eksjö | 2003-08-09 |
| Kastfemkamp M45 | 2182p | | André Laszlo | -55 | Århus DEN | 2004-07-31 |

M50

| Gren | Resultat | | Namn | | Plats | Datum |
|----------------------|-----------------------|------|--------------------------------|-----|----------|------------|
| 100m | 12.31 | +0.2 | Leif Molin | -39 | Lund | 1989-06-03 |
| 200m | 25.75 | +1.1 | Leif Mohlin | -39 | Lund/C | 1989-08-29 |
| 300m | 41.75 | | Roland Ekström | -53 | Malmö/He | 2004-08-14 |
| 400m | 57.42 | | Roland Ekström | -53 | Huddinge | 2004-08-21 |

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|---------------------------------|--------------------------|-------|---------------------------------------|-----|----------------------|-------------------|
| 800m | 2.12.43 | | Arne Möller | -27 | Viareggio ITA | 1978-09-12 |
| 1500m | 4.48.2m | | Arne Möller | -27 | Göteborg/S | 1977-08-10 |
| 5000m | 19.36.66 | | Kenneth Sjökvist | -60 | Eslöv | 2010-06-02 |
| 5km | 24:21:00 | | Martin Eriksson Peper | -67 | Stockholm | 2021-10-09 |
| 10 km | 47:57+ | | Martin Eriksson Peper | -67 | Stockholm | 2021-10-09 |
| Halvmaraton | 1:40:04+ | | Martin Eriksson Peper | -67 | Stockholm | 2021-10-09 |
| Maraton | 03:27:00 | | Martin Eriksson Peper | -67 | Stockholm | 2021-10-09 |
| 100mh 91.4cm | 16.70 | -0.38 | Jörgen Lindholm | -57 | Ystad | 2008-06-29 |
| 400mh 84.0cm | 63.77 | | Jörgen Lindholm | -57 | Huddinge | 2009-06-27 |
| Höjd | 1.47 | | Leif Molin | -39 | Lund | 1989-06-03 |
| Stav | 2.33 | | Vahid Reza Darejati | -66 | Kristianstad | 2019-05-30 |
| Längd | 4.52 | -0.6 | Alf Lundahl | -55 | Helsingborg | 2007-08-23 |
| Kula 6.0kg | 10.63 | | André Laszlo | -55 | Malmö | 2005-08-14 |
| Diskus 1.5kg | 36.25 | | André Laszlo | -55 | Malmö | 2005-08-14 |
| Slägga 6.0kg | 32.98 | | André Laszlo | -55 | Malmö | 2005-08-14 |
| Spiut 700g | 28.23 | | Alexander Milanov | -68 | Lund | 2021-06-24 |
| Spiut 800g | 32.92 | | Leif Nilsson | -45 | Helsingborg | 1997-08-28 |
| Vikt 11.34kg | 15.33 | | André Laszlo | -55 | San Sebastian ESP | 2005-08-25 |
| Femkamp M50 | 3133p | | Arne Möller | -27 | Hannover FRG | 1979-08-01 |
| Kastfemkamp M50 | 2763p | | André Laszlo | -55 | Malmö | 2005-08-14 |
| 4x100m | 59.68 | | Alf Lundahl | -55 | Helsingborg | 2007-08-23 |

M55

| Gren | Resultat | | Namn | | Plats | Datum |
|-----------------------|--------------------------|------|---------------------------------------|-----|----------------------|-------------------|
| 100m | 12.78 | -1.0 | Göte Lindblad | -23 | Göteborg/S | 1980-09-13 |
| 200m | 26.11 | -1.3 | Göte Lindblad | -23 | Oskarshamn | 1982-07-04 |
| 400m | 58.23 | | Göte Lindblad | -23 | Hannover FRG | 1979-07-31 |
| 800m | 2.19.1m | | Arne Möller | -27 | Köpenhamn DEN | 1983-07-29 |
| 1500m | 5.12.32 | | Arne Möller | -27 | - | 1982-01-01 |
| 10 km | 39:49:00 | | Martin Eriksson Peper | -67 | Simlångsdalen | 2022-04-15 |

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|------------------------------|-----------------------|-------|-------------------------------|-----|-------------|------------|
| 100mh 91.4cm | 21.69 | -3.8 | Börje Persson | -31 | Lund | 1990-06-02 |
| 400mh 84.0cm | 72.13 | | Arne Möller | -27 | Malmö/S | 1983-07-24 |
| Höjd | 1.50 | | Göte Lindblad | -23 | Kil | 1982-09-25 |
| Stav | 3.51 | | Bernt Jonsson | -28 | Nyköping | 1987-08-23 |
| Längd | 4.92 | -1.0 | Bernt Jonsson | -28 | Kvarnsveden | 1984-08-04 |
| Tresteg | 7.30 | -0.48 | Leif Nilsson | -45 | Trelleborg | 2004-05-31 |
| Kula 6.0kg | 10.76 | | Håkan Möller | -31 | Lund | 1990-06-02 |
| Diskus 1.5kg | 33.15 | | Dan Lindahl | -60 | Malmö | 2018-06-20 |
| Slägga 6.0kg | 30.39 | | Dan Lindahl | -60 | Högby | 2018-08-12 |
| Spiut 700g | 31.31 | | Dan Lindahl | -60 | Malmö | 2017-05-20 |
| Vikt 11.34kg | 8.69 | | Dan Lindahl | -60 | Malmö | 2017-05-06 |
| Femkamp M55 | 3176p | | Göte Lindblad | -23 | Gimo | 1981-09-26 |
| Tiokamp M55 | 5790p | | Göte Lindblad | -23 | Kil | 1982-09-26 |

M60

| Gren | Resultat | | Namn | | Plats | Datum |
|------------------------------|-------------------------|-------|-----------------------------------|------------|------------------|-----------------------|
| 100m | 12.99 | +1.5 | Göte Lindblad | -23 | Brighton GBR | 1984-08-22 |
| 200m | 26.60 | +1.24 | Göte Lindblad | -23 | Brighton GBR | 1984-08-23 |
| 400m | 60.59 | | Göte Lindblad | -23 | Malmö/S | 1983-07-23 |
| 800m | 2.42.73 | | Paavo Roos | -37 | Lillehammer NOR | 1997-08-15 |
| 1500m | 7.21.50 | | Kjell Lind | -36 | Göteborg/S | 1997-09-13 |
| 100mh 84.0cm | 21.87 | -4.2 | Börje Persson | -31 | Simrishamn | 1991-08-17 |
| 300mh 76.2cm | 55.34 | | Börje Persson | -31 | Kristiansand NOR | 1992-07-01 |
| Höjd | 1.59 | | Carl-Erik Särndal | -37 | Eksjö | 2003-08-10 |
| Stav | 3.41 | | Bernt Jonsson | -28 | Lund | 1992-05-30 |
| Längd | 5.06 | +0.4 | Göte Lindblad | -23 | Göteborg/S | 1984-09-08 |
| Tresteg | 8.24 | +1.4 | Karl Wardéus | -15 | Hannover FRG | 1979-08-01 |
| Kula 5.0kg | 12.02 | | Dan Lindahl | -60 | Malmö | 2020-08-01 |
| Diskus 1.0kg | 38.69 | | Dan Lindahl | -60 | Högby | 2021-08-20 VSM |
| Slägga 5.0kg | 31.82 | | Dan Lindahl | -60 | Högby | 2021-08-20 VSM |
| Spiut 600g | 32.46 | | Leif Nilsson | -45 | Trelleborg | 2006-05-13 |

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|---------------------------------|-----------------------|--|----------------------------------|-----|------------|------------|
| Vikt 9.08kg | 10.05 | | Mikael Sörensson | -55 | Huddinge | 2019-08-18 |
| Femkamp M60 | 1457p | | Kjell Lind | -36 | Göteborg/S | 1997-09-13 |
| Castorama | 1044p | | Mikael Sörensson | -55 | Malmö | 2019-10-05 |
| Kastfemkamp M60 | 1542p | | Kjell Lind | -36 | Malmö/S | 2000-09-17 |

M65

| Gren | Resultat | | Namn | | Plats | Datum |
|---------------------------------|--------------------------|------|-----------------------------------|-----|--------------|------------|
| 100m | 13.67 | -1.0 | Göte Lindblad | -23 | Göteborg/S | 1989-09-02 |
| 200m | 27.18 | +1.5 | Göte Lindblad | -23 | Glostrup DEN | 1991-06-28 |
| 300m | 44.66 | | Göte Lindblad | -23 | Nyköping | 1991-09-14 |
| 400m | 61.44 | | Göte Lindblad | -23 | Lund | 1991-06-01 |
| 800m | 2.34.92 | | Åke Holm | -36 | Århus DEN | 2004-07-30 |
| 1500m | 5.27.47 | | Åke Holm | -36 | Helsingborg | 2001-08-23 |
| 3000m | 12.42.6m | | Åke Holm | -36 | Greve DEN | 2004-06-20 |
| 5000m | 22.37.31 | | Erwin Apitzsch | -45 | Eslöv | 2011-08-31 |
| 10000m | 49.32.0m | | Erwin Apitzsch | -45 | Trelleborg | 2012-09-01 |
| 100mh 84.0cm | 20.44 | +1.7 | Axel Magnusson | -21 | Budapest HUN | 1990-07-02 |
| Höjd | 1.61 | | Carl-Erik Särndal | -37 | Århus DEN | 2004-07-26 |
| Stav | 3.35 | | Bernt Jonsson | -28 | Värnamo | 1993-08-07 |
| Längd | 4.61 | +0.5 | Göte Lindblad | -23 | Ängelholm | 1990-09-08 |
| Tresteg | 9.43 | +1.8 | Göte Lindblad | -23 | Göteborg/S | 1990-08-19 |
| Kula 5.0kg | 12.23 | | Lennart Brock | -33 | Simrishamn | 2000-06-17 |
| Diskus 1.0kg | 40.48 | | Lennart Brock | -33 | Helsingborg | 2000-05-27 |
| Slägga 5.0kg | 32.85 | | Lennart Brock | -33 | Malmö/S | 1999-09-18 |
| Spjut 600g | 29.25 | | Håkan Möller | -31 | Lund | 2000-06-03 |
| Vikt 9.08kg | 11.66 | | Lennart Brock | -33 | Malmö/S | 2000-05-13 |
| Femkamp M65 | 3140p | | Göte Lindblad | -23 | Ängelholm | 1990-09-08 |
| Kastfemkamp M65 | 1862p | | Kjell Lind | -36 | Malmö/S | 2001-09-15 |

M70

| Gren | Resultat | | Namn | | Plats | Datum |
|---------------------------------|--------------------------|------|-----------------------------------|-----|--------------|------------|
| 100m | 14.68 | -0.8 | Axel Magnusson | -21 | Lund | 1992-05-30 |
| 200m | 31.61 | +0.2 | Ingemar Månsson | -29 | Lund | 1999-08-17 |
| 400m | 71.15 | | Åke Holm | -36 | Eslöv | 2006-05-31 |
| 800m | 2.40.0m | | Åke Holm | -36 | Malmö/He | 2006-06-07 |
| 1500m | 5.25.95 | | Åke Holm | -36 | Poznan POL | 2006-07-24 |
| 3000m | 14.41.1m | | Erwin Apitzsch | -45 | Lund | 2017-05-25 |
| 5000m | 25.25.3m | | Erwin Apitzsch | -45 | Ystad | 2017-06-28 |
| 10000m | 52.42.7m | | Erwin Apitzsch | -45 | Trelleborg | 2016-08-11 |
| 80mh 76.2cm | 14.6m | +0.0 | Axel Magnusson | -21 | Glostrup DEN | 1991-06-28 |
| 300mh 68.6cm | 61.99 | | Fritiof Roslund | -21 | Norrtälje | 1992-08-09 |
| Höjd | 1.59 | | Carl-Erik Särndal | -37 | Värnamo | 2007-08-18 |
| Stav | 2.20 | | Axel Magnusson | -21 | Lund/C | 1992-05-30 |
| Längd | 4.12 | -0.2 | Axel Magnusson | -21 | Åbo FIN | 1991-07-25 |
| Tresteg | 8.29 | -0.8 | Axel Magnusson | -21 | Simrishamn | 1991-08-18 |
| Kula 4.0kg | 12.91 | | Lennart Brock | -33 | Eksjö | 2003-08-10 |
| Diskus 1.0kg | 35.34 | | Lennart Brock | -33 | Lund | 2003-05-31 |
| Slägga 4.0kg | 36.87 | | Lennart Brock | -33 | Malmö/S | 2003-07-05 |
| Spiut 500g | 30.63 | | Nils Bäck | -43 | Malmö | 2016-05-28 |
| Vikt 7.26kg | 15.05 | | Lennart Brock | -33 | Malmö/S | 2003-07-19 |
| Femkamp M70 | 2845p | | Nils Bäck | -43 | Ludvika | 2017-09-16 |
| Kastfemkamp M70 | 3393p | | Lennart Brock | -33 | Malmö/S-K | 2004-07-08 |

M75

| Gren | Resultat | | Namn | | Plats | Datum |
|----------------------|-------------------------|------|--------------------------------|-----|---------------|------------|
| 100m | 15.51 | -1.9 | Axel Magnusson | -21 | Klippan | 1998-08-30 |
| 200m | 33.54 | +1.7 | Axel Magnusson | -21 | Gateshead GBR | 1999-08-03 |
| 400m | 80.46 | | Nils Bäck | -43 | Malaga ESP | 2018-09-06 |
| 800m | 3.02.9m | | Åke Holm | -36 | Malmö/He | 2011-05-17 |

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|-------------------------------------|---------------------------------|------|-----------------------------------|------------|-----------------|-----------------------|
| 1500m | 6.27.98 | | Åke Holm | -36 | Kil | 2012-08-04 |
| 3000m | 14.59.0m | | Åke Holm | -36 | Lund | 2012-05-01 |
| 5000m | 24.18.74 | | Åke Holm | -36 | Eslöv | 2011-08-31 |
| 10000m | 50.08.6m | | Åke Holm | -36 | Lund | 2011-09-17 |
| 80mh 76.2cm | 16.48 | +0.7 | Axel Magnusson | -21 | Durban RSA | 1997-07-23 |
| 300mh 68.6cm | 01:05:30 | | Nils Bäck | -43 | Högby | 2021-08-20 VSM |
| Höjd | 1.52 | | Carl-Erik Särndal | -37 | Karlshamn | 2012-05-06 |
| Stav | 2.00 | | Nils Bäck | -43 | Ystad | 2021.07.18 |
| Längd | 4.02 | -1.4 | Axel Magnusson | -21 | Lillehammer NOR | 1997-08-15 |
| Tresteg | 7.74 | -2.2 | Nils Bäck | -43 | Greve, DEN | 2020-08-23 |
| Kula 4.0kg | 10.30 | | Nils Bäck | -43 | Högby | 2018-08-11 |
| Diskus 1.0kg | 23.79 | | Axel Magnusson | -21 | Malmö/S | 1999-07-17 |
| Slägga 4.0kg | 18.49 | | Nils Bäck | -43 | Lund | 2021-06-23 |
| Spiut 500g | 27.44 | | Nils Bäck | -43 | Malaga ESP | 2018-09-07 |
| Vikt 7.26kg | 8.19 | | Kjell Lind | -36 | Kil | 2012-08-03 |
| Femkamp M75 | 2706p | | Nils Bäck | -43 | Ludvika | 2021-09-11 |
| Tiokamp M75 | 5985p | | Nils Bäck | -43 | Malaga ESP | 2018-09-07 |
| Kastfemkamp M75 | 1957p | | Axel Magnusson | -21 | Malmö/S | 2000-09-02 |

M80

| Gren | Resultat | | Namn | | Plats | Datum |
|------------------------------|----------------------------|------|-----------------------------------|-----|--------------|------------|
| 100m | 16.34 | +1.3 | Axel Magnusson | -21 | Helsingborg | 2002-09-05 |
| 200m | 33.25 | +1.8 | Axel Magnusson | -21 | Potsdam GER | 2002-08-24 |
| 400m | 101.17 | | Axel Magnusson | -21 | Brisbane AUS | 2001-07-04 |
| 800m | 4.04.09 | | Carl-Erik Olsson. | -22 | Lund | 2002-06-08 |
| 1500m | 8.07.39 | | Carl-Erik Olsson | -22 | Helsingborg | 2002-09-05 |
| 5000m | 28.18.2m | | Carl-Erik Olsson. | -22 | Eslöv | 2002-05-29 |
| 10000m | 1.01.38.2m | | Carl-Erik Olsson | -22 | Ängelholm | 2002-06-15 |
| 80mh 68.6cm | 18.88 | +1.3 | Axel Magnusson | -21 | Huddinge | 2004-08-21 |
| 300mh 68.6cm | 81.04 | | Axel Magnusson | -21 | Lahti FIN | 2003-06-14 |
| Höjd | 1.18 | | Axel Magnusson | -21 | Brisbane AUS | 2002-07-14 |

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|---------------------------------|-----------------------|------|--------------------------------|-----|--------------|------------|
| Stav | 1.55 | | Axel Magnusson | -21 | Brisbane AUS | 2001-07-05 |
| Längd | 3.61 | +0.0 | Axel Magnusson | -21 | Potsdam GER | 2002-08-27 |
| Tresteg | 7.48 | -1.0 | Axel Magnusson | -21 | Lund | 2003-04-28 |
| Kula 3.0kg | 6.87 | | Kjell Lind | -36 | Malmö | 2016-08-13 |
| Diskus 1.0kg | 21.13 | | Axel Magnusson | -21 | Brisbane AUS | 2001-07-05 |
| Slägga 3.0kg | 19.05 | | Kjell Lind | -36 | Söderhamn | 2016-07-23 |
| Spijut 400g | 23.55 | | Axel Magnusson | -21 | Malmö/S | 2002-09-14 |
| Vikt 5.45kg | 9.15 | | Axel Magnusson | -21 | Malmö | 2005-07-16 |
| Femkamp M80 | 2764p | | Axel Magnusson | -21 | Potsdam GER | 2002-08-23 |
| Tiokamp M80 | 5652p | | Axel Magnusson | -21 | Brisbane AUS | 2001-07-05 |
| Kastfemkamp M80 | 2637p | | Axel Magnusson | -21 | Malmö/S | 2002-09-14 |

M85

| Gren | Resultat | | Namn | | Plats | Datum |
|---------------------------------|------------------------|-------|--------------------------------|-----|------------|------------|
| 100m | 17.73 | -0.1 | Axel Magnusson | -21 | Poznan POL | 2006-07-22 |
| 200m | 42.09 | +0.5 | Axel Magnusson | -21 | Poznan POL | 2006-07-26 |
| 400m | 130.28 | | Axel Magnusson | -21 | Eslöv | 2007-05-30 |
| 80mh 68.6cm | 21.60 | +1.73 | Axel Magnusson | -21 | Lund | 2007-08-01 |
| Höjd | 1.09 | | Axel Magnusson | -21 | Århus DEN | 2007-06-30 |
| Stav | 1.40 | | Axel Magnusson | -21 | Värnamo | 2007-08-18 |
| Längd | 3.38 | +1.3 | Axel Magnusson | -21 | Poznan POL | 2006-07-23 |
| Kula 3.0kg | 8.66 | | Axel Magnusson | -21 | Värnamo | 2007-08-17 |
| Diskus 1.0kg | 19.17 | | Axel Magnusson | -21 | Malmö/S | 2007-05-12 |
| Slägga 3.0kg | 18.40 | | Axel Magnusson | -21 | Malmö/S-K | 2009-06-13 |
| Spijut 400g | 20.04 | | Axel Magnusson | -21 | Poznan POL | 2006-07-27 |
| Vikt 5.45kg | 7.99 | | Axel Magnusson | -21 | Malmö/S | 2007-08-11 |
| Femkamp M85 | 2301p | | Axel Magnusson | -21 | Poznan POL | 2006-07-26 |
| Kastfemkamp M85 | 2709p | | Axel Magnusson | -21 | Malmö/S | 2007-08-11 |

M90

| Gren | Resultat | | Namn | | Plats | Datum |
|---------------------------------|-----------------------|------|--------------------------------|-----|------------------|--------------|
| Höjd | 0.98 | | Axel Magnusson | -21 | Lappeenranta FIN | 2011-07-02 |
| Längd | 2.68 | +1.6 | Axel Magnusson | -21 | Helsingborg | 2011-06-16 |
| Kula 3.0kg | 7.64 | | Axel Magnusson | -21 | Lappeenranta FIN | 2011-07-02 |
| Diskus 1.0kg | 16.12 | | Axel Magnusson | -21 | Lappeenranta FIN | 2011-07-02 |
| Slägga 3.0kg | 18.03 | | Axel Magnusson | -21 | Malmö/S-K | 2011-09-10 |
| Spiut 400g | 16.97 | | Axel Magnusson | -21 | Lappeenranta FIN | 2011-07-01 |
| Vikt 5.45kg | 8.95 | | Axel Magnusson | -21 | Malmö/S-K | 2011-09-10 |
| Kastfemkamp M90 | 3041p | | Axel Magnusson | -21 | Malmö | 2011-07-30 |

K35

| Gren | Resultat | | Namn | | Plats | Datum |
|------------------------------|--------------------------|------|-----------------------------------|-----|--------------|--------------|
| 100m | 14.64 | +0.2 | Karin Randerz | -59 | Lund | 1996-06-01 |
| 200m | 29.63 | +0.9 | Karin Randerz | -59 | Lund | 1994-08-16 |
| 400m | 68.19 | | Karin Randerz | -59 | Malmö/Hä | 1995-06-17 |
| 800m | 2.41.94 | | Karin Randerz | -59 | Lund | 1995-05-27 |
| 3000m | 14.39.6m | | Anna Rosengren | -80 | Lund | 2017-05-25 |
| 100mh 84.0cm | 21.27 | +0.6 | Maria Öhrn | -60 | Lund | 1999-08-17 |
| 400mh 76.2cm | 77.96 | | Elisabet Persson | -55 | Lund | 1994-05-14 |
| Höjd | 1.30 | | Sabine Kathy | -67 | Lund | 2003-09-08 |
| Längd | 4.23 | +1.3 | Karin Randerz | -59 | Malmö/Hä | 1995-06-17 |
| Kula 4.0kg | 11.96 | | Rosemarie Persson | -37 | Trelleborg | 1976-07-04 |
| Diskus 1.0kg | 37.00 | | Rosemarie Persson | -37 | Prag TCH | 1972-05-21 |
| Slägga 4.0kg | 28.67 | | Kyllan Quick | -70 | Malmö | 2008-09-21 |
| Spiut 600g | 24.14 | | Kyllan Quick | -70 | Trelleborg | 2008-10-04 |
| Castorama | 2008p | | Kyllan Quick | -70 | Malmö/S | 2007-09-08 |

**K40
Gren**

| Resultat | | Namn | | Plats | Datum | |
|------------------------------|--------------------------|-------------|-----------------------------------|--------------|--------------|-------------------|
| 100m | 13.60 | 0.0 | Karin Björk | -81 | Lund | 2021-06-23 |
| 200m | 28.09 | -0.1 | Karin Björk | -81 | Höör | 2021-07-14 |
| 400m | 71.36 | | Lisa Ingvaldsson | -45 | Malmö/H | 1989-08-19 |
| 800m | 2.45.61 | | Sofia Hegardt | -72 | Uddevalla | 2015-07-24 |
| 1500m | 5.49.42 | | Sofia Hegardt | -72 | Uddevalla | 2015-07-25 |
| 3000m | 12.10.8m | | Sofia Hegardt | -72 | Lund | 2015-05-14 |
| 5000m | 21.03.7m | | Sofia Hegardt | -72 | Helsingborg | 2015-06-04 |
| 80mh 76.2cm | 15.68 | +0.1 | Henni Larsson | -44 | Huddinge | 1985-08-24 |
| 400mh 76.2cm | 83.71 | | Britta Wennolf | -48 | Lund | 1988-05-28 |
| Höjd | 1.37 | | Ursula Szabo | -49 | Simrishamn | 1991-08-18 |
| Längd | 4.61 | +1.5 | Barbro Ljungberg | -52 | Lund | 1994-05-14 |
| Tresteg | 7.80 | +0.7 | Marie Öhrn | -60 | Lund | 2002-05-13 |
| Kula 4.0kg | 9.38 | | Monica Larsson | -45 | Lund | 1987-06-06 |
| Diskus 1.0kg | 30.06 | | Rosemarie Persson | -37 | Lund | 1978-09-30 |
| Slägga 4.0kg | 24.85 | | Kyllan Quick | -70 | Malmö | 2013-10-05 |
| Spiut 600g | 21.34 | | Kyllan Quick | -70 | Malmö/S-K | 2014-10-04 |
| Castorama | 1897p | | Kyllan Quick | -70 | Malmö/S-K | 2014-10-04 |

**K45
Gren**

| Resultat | | Namn | | Plats | Datum | |
|------------------------|--------------------------|-------------|--------------------------------------|--------------|--------------------|-------------------|
| 100m | 14.52 | +1.2 | Kerstin Nilsson | -42 | Lund | 1989-06-03 |
| 200m | 30.85 | +0.7 | Astrid Nilsson | -36 | Brighton GBR | 1984-08-22 |
| 300m | 51.82 | | Margareta Millestam | -47 | Nyköping | 1992-09-12 |
| 400m | 69.39 | | Astrid Nilsson | -36 | Helsingborg | 1985-08-04 |
| 800m | 2:48.55 | | Sofia Hegardt | -72 | Lund | 2020-06-23 |
| 1500m | 5:46.6 | | Sofia Hegardt | -72 | Helsingborg | 2020-07-30 |
| 5000m | 20.12.7m | | Karin Sjödin | -57 | Eslöv | 2005-06-08 |
| 10000m | 41.57.01 | | Karin Sjödin | -57 | Trelleborg | 2005-06-12 |

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|---------------------------------|-----------------------|------|------------------------------------|-----|-------------|------------|
| 80mh 76.2cm | 15.73 | +1.3 | Helena Brunlid | -47 | Lund | 1992-08-18 |
| 400mh 76.2cm | 87.61 | | Kerstin Nilsson | -42 | Eugene USA | 1989-08-03 |
| Höjd | 1.35 | | Ann-Christin Lindh | -65 | Karlshamn | 2012-05-06 |
| Längd | 4.36 | +0.6 | Helena Brunlid | -47 | Helsingborg | 1992-08-25 |
| Tresteg | 6.05 | -2.5 | Kerstin Nilsson | -42 | Simrishamn | 1991-08-18 |
| Kula 4.0kg | 9.27 | | Kyllan Quick | -70 | Motala | 2015-05-30 |
| Diskus 1.0kg | 30.14 | | Rosemarie Persson | -37 | Lund | 1986-06-07 |
| Slägga 4.0kg | 28.97 | | Kyllan Quick | -70 | Malmö | 2015-09-26 |
| Spiut 600g | 21.37 | | Kyllan Quick | -70 | Malmö | 2015-09-26 |
| Vikt 9.08kg | 8.10 | | Ann-Christin Lindh | -65 | Malmö/S-K | 2014-08-02 |
| Castorama | 2013p | | Kyllan Quick | -70 | Malmö | 2015-09-26 |
| Kastfemkamp K45 | 1862p | | Ann-Christin Lindh | -65 | Malmö/S-K | 2014-08-02 |

K50

| Gren | Resultat | | Namn | | Plats | Datum |
|------------------------------|--------------------------|------|------------------------------------|-----|-------------|------------|
| 100m | 14.77 | -0.3 | Siv Olsson | -44 | Malmö/Hä | 1995-06-17 |
| 200m | 30.39 | -2.9 | Astrid Nilsson | -36 | Malmö/S | 1986-07-31 |
| 300m | 56.23 | | Kerstin Nilsson | -42 | Nyköping | 1993-09-11 |
| 400m | 69.22 | | Astrid Nilsson | -36 | Malmö/S | 1986-08-01 |
| 800m | 2.46.48 | | Astrid Nilsson | -36 | Verona ITA | 1988-06-25 |
| 1500m | 5.56.3m | | Astrid Nilsson | -36 | Ängelholm | 1989-06-20 |
| 5000m | 23.37.0m | | Astrid Nilsson | -36 | Trelleborg | 1989-06-08 |
| 80mh 76.2cm | 15.07 | +1.7 | Lou Falk | -39 | Lund | 1992-08-18 |
| 300mh 76.2cm | 58.17 | | Lou Falk | -39 | Norrtälje | 1992-08-09 |
| Höjd | 1.29 | | Lou Falk | -39 | Ängelholm | 1989-09-09 |
| Längd | 4.21 | -0.8 | Asta Larsson | -31 | Kvarnsveden | 1984-08-04 |
| Kula 3.0kg | 9.90 | | Rosemarie Persson | -37 | Lund/R | 1991-08-22 |
| Diskus 1.0kg | 27.82 | | Rosemarie Persson | -37 | Malmö/S | 1988-09-21 |
| Slägga 3.0kg | 37.29 | | Ann-Christin Lindh | -65 | Malmö | 2019-06-26 |
| Spiut 500g | 31.36 | | Anne-Marie El Baba | -47 | Lund | 2000-06-03 |
| Vikt 7.26kg | 12.62 | | Ann-Christin Lindh | -65 | Huddinge | 2019-08-17 |

[Kastfemkamp K50](#) [2847p](#) [Ann-Christin Lindh](#) -65 Malmö 2018-08-18

K55

| Gren | Resultat | | Namn | | Plats | Datum |
|---------------------------------|--------------------------|------|-------------------------------------|-----|-------------|------------|
| 100m | 14.86 | +1.1 | Asta Larsson | -31 | Nyköping | 1987-08-22 |
| 200m | 30.55 | -2.6 | Asta Larsson | -31 | Ljusdal | 1988-08-21 |
| 400m | 70.71 | | Astrid Nilsson | -36 | Turku FIN | 1991-07-27 |
| 800m | 2.53.74 | | Astrid Nilsson | -36 | Turku FIN | 1991-07-20 |
| 1500m | 5.57.05 | | Kirsti Takkinen | -40 | Helsingborg | 1996-08-29 |
| 3000m | 13.58.10 | | Tanja Bogren | -38 | Trelleborg | 1997-06-11 |
| 5000m | 20.59.5m | | Kirsti Takkinen | -40 | Eslöv | 1995-05-22 |
| 10000m | 44.53.6m | | Kirsti Takkinen | -40 | Malmö/He | 1995-06-03 |
| 80mh 76.2cm | 14.25 | -2.0 | Asta Larsson | -31 | Lund | 1989-06-03 |
| 300mh 76.2cm | 56.30 | | Asta Larsson | -31 | Verona ITA | 1988-06-27 |
| Höjd | 1.26 | | Lou Falk | -39 | Karlstad | 1996-08-11 |
| Längd | 4.22 | -0.5 | Asta Larsson | -31 | Malmö/S | 1986-07-28 |
| Tresteg | 7.26 | +1.8 | Margareta Millestam | -47 | Lund | 2002-09-09 |
| Kula 3.0kg | 10.76 | | Rosemarie Persson | -37 | Lund | 1993-06-06 |
| Diskus 1.0kg | 29.84 | | Rosemarie Persson | -37 | Malmö | 1993-05-23 |
| Slägga 3.0kg | 37.24 | | Ann-Christin Lindh | -65 | Malmö/S | 2020-08-01 |
| Spjut 500g | 27.85 | | Anne-Marie El Baba | -47 | Lund | 2002-06-08 |
| Vikt 7.26kg | 12.03 | | Ann-Christin Lindh | -65 | Malmö | 2021-09-25 |
| Kastfemkamp K55 | 2415p | | Anne-Marie El Baba | -47 | Malmö | 2005-08-14 |

K60

| Gren | Resultat | | Namn | | Plats | Datum |
|----------------------|-----------------------|------|--------------------------------|-----|------------------|------------|
| 100m | 15.11 | +0.7 | Asta Larsson | -31 | Kristiansand NOR | 1992-06-28 |
| 200m | 31.77 | +0.3 | Asta Larsson | -31 | Miyazaki JPN | 1993-10-10 |
| 300m | 53.25 | | Asta Larsson | -31 | Nyköping | 1992-09-12 |
| 400m | 74.94 | | Astrid Nilsson | -36 | Malmö/S | 1996-07-22 |

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|---------------------------------|--------------------------|------|-------------------------------------|-----|-----------------|------------|
| 800m | 3.08.31 | | Maria Sörensson | -57 | Huddinge | 2019-08-16 |
| 1500m | 6.25.35 | | Maria Sörensson | -57 | Huddinge | 2019-08-17 |
| 5000m | 23.05.4m | | Kirsti Takkinen | -40 | Eslöv | 2000-05-24 |
| 80mh 68.6cm | 14.36 | +1.7 | Asta Larsson | -31 | Lund | 1992-08-18 |
| 300mh 68.6cm | 58.59 | | Asta Larsson | -31 | Miyazaki JPN | 1993-10-13 |
| Höjd | 1.26 | | Lou Falk | -39 | Lund | 1999-06-05 |
| Längd | 4.01 | +0.5 | Asta Larsson | -31 | Buffalo USA | 1995-07-13 |
| Tresteg | 6.91 | +0.8 | Lou Falk | -39 | Huddinge | 2001-08-05 |
| Kula 3.0kg | 10.70 | | Rosemarie Persson | -37 | Lillehammer NOR | 1997-08-17 |
| Diskus 1.0kg | 29.39 | | Rosemarie Persson | -37 | Malmö/S | 1998-07-11 |
| Slägga 3.0kg | 30.70 | | Rosemarie Persson | -37 | Malmö/S | 1997-09-06 |
| Vikt 5.45kg | 13.20 | | Rosemarie Persson | -37 | Malmö/S | 2000-09-17 |
| Kastfemkamp K60 | 2062p | | Margareta Millestam | -47 | Malmö/S-K | 2010-08-14 |

K65

| Gren | Resultat | | Namn | | Plats | Datum |
|------------------------------|--------------------------|------|-------------------------------------|-----|---------------|------------|
| 100m | 15.20 | +1.5 | Asta Larsson | -31 | Malmö/S | 1996-07-21 |
| 200m | 31.85 | +0.7 | Asta Larsson | -31 | Malmö/S | 1996-07-26 |
| 300m | 56.18 | | Asta Larsson | -31 | Nyköping | 1997-09-17 |
| 400m | 79.12 | | Asta Larsson | -31 | Malmö/S | 1996-07-21 |
| 800m | 3.43.40 | | Asta Larsson | -31 | Gateshead GBR | 1999-07-30 |
| 3000m | 18.04.0m | | Brita Malmström | -44 | Lund | 2011-05-01 |
| 80mh 68.6cm | 14.92 | -2.2 | Asta Larsson | -31 | Lund | 1996-08-20 |
| 300mh 68.6cm | 62.81 | | Asta Larsson | -31 | Karlstad | 1996-08-09 |
| Höjd | 1.17 | | Asta Larsson | -31 | Köpenhamn DEN | 1996-06-28 |
| Längd | 4.11 | +1.3 | Asta Larsson | -31 | Malmö/S | 1996-07-22 |
| Tresteg | 7.19 | -0.6 | Lou Falk | -39 | Visby | 2005-08-06 |
| Kula 3.0kg | 10.03 | | Rosemarie Persson | -37 | Malmö/S | 2002-08-24 |
| Diskus 1.0kg | 25.45 | | Rosemarie Persson | -37 | Malmö/S | 2002-06-01 |
| Slägga 3.0kg | 30.33 | | Rosemarie Persson | -37 | Malmö/S | 2003-06-14 |
| Spijut 500g | 12.03 | | Margareta Millestam | -47 | Malmö/S-K | 2014-08-02 |

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|---------------------------------|-----------------------|--|----------------------------------|-----|-----------|------------|
| Vikt 5.45kg | 13.00 | | Rosmarie Persson | -37 | Söderhamn | 2006-08-19 |
| Kastfemkamp K65 | 3649p | | Rosmarie Persson | -37 | Malmö | 2005-08-14 |

K70

| Gren | Resultat | | Namn | | Plats | Datum |
|---------------------------------|-------------------------|-------|-------------------------------------|-----|------------|------------|
| 100m | 16.50 | +1.77 | Asta Larsson | -31 | Lund | 2004-06-05 |
| 200m | 35.93 | +0.0 | Astrid Nilsson | -36 | Poznan POL | 2006-07-29 |
| 400m | 83.79 | | Astrid Nilsson | -36 | Poznan POL | 2006-07-26 |
| 800m | 4.16.63 | | Kerstin Nilsson | -42 | Huddinge | 2015-09-05 |
| 80mh 68.6cm | 15.33 | +1.4 | Asta Larsson | -31 | Lund | 2001-08-14 |
| 200mh 68.6cm | 45.76 | +0.7 | Kerstin Nilsson | -42 | Lyon FRA | 2015-08-11 |
| Höjd | 1.08 | | Asta Larsson | -31 | Lund | 2002-05-13 |
| Längd | 3.52 | +0.9 | Asta Larsson | -31 | Huddinge | 2001-08-04 |
| Tresteg | 7.61 | +0.0 | Asta Larsson | -31 | Eskilstuna | 2001-08-19 |
| Kula 3.0kg | 9.45 | | Rosmarie Persson | -37 | Malmö/S-K | 2007-06-30 |
| Diskus 1.0kg | 23.85 | | Rosemarie Persson | -37 | Malmö | 2011-06-04 |
| Slägga 3.0kg | 27.14 | | Rosmarie Persson | -37 | Eksjö | 2007-07-28 |
| Spiut 500g | 14.01 | | Marianne Stankovski | -44 | Malmö/S-K | 2014-09-06 |
| Vikt 5.45kg | 12.33 | | Rosmarie Persson | -37 | Malmö/S | 2007-07-14 |
| Femkamp K70 | 2770p | | Kerstin Nilsson | -42 | Huddinge | 2015-09-05 |
| Kastfemkamp K70 | 3997p | | Rosmarie Persson | -37 | Eksjö | 2007-07-28 |

K75

| Gren | Resultat | | Namn | | Plats | Datum |
|------------------------------|------------------------|------|---------------------------------|-----|--------------|------------|
| 100m | 17.05 | +1.3 | Asta Larsson | -31 | Poznan POL | 2006-07-22 |
| 200m | 38.51 | +0.0 | Asta Larsson | -31 | Poznan POL | 2006-07-29 |
| 400m | 103.22 | | Kerstin Nilsson | -42 | Caorle ITA | 2019-09-09 |
| 80mh 68.6cm | 19.76 | +0.5 | Asta Larsson | -31 | Riccione ITA | 2007-09-17 |
| 200mh 68.6cm | 48.80 | | Kerstin Nilsson | -42 | Århus DEN | 2017-07-30 |
| Höjd | 1.00 | | Sonja Nilsson | -39 | Hässleholm | 2014-08-09 |

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|---------------------------------|-----------------------|------|-----------------------------------|-----|------------|------------|
| Längd | 3.27 | +0.0 | Asta Larsson | -31 | Poznan POL | 2006-07-24 |
| Tresteg | 6.91 | +2.0 | Asta Larsson | -31 | Trelleborg | 2006-05-13 |
| Kula 2.0kg | 8.49 | | Rosemarie Persson | -37 | Trelleborg | 2012-09-01 |
| Diskus 0.75kg | 20.72 | | Rosemarie Persson | -37 | Kil | 2012-08-04 |
| Slägga 2.0kg | 27.87 | | Rosemarie Persson | -37 | Kil | 2012-08-03 |
| Spjut 400g | 16.61 | | Asta Larsson | -31 | Trelleborg | 2006-05-13 |
| Vikt 4.0kg | 12.19 | | Rosemarie Persson | -37 | Malmö | 2012-04-26 |
| Kastfemkamp K75 | 3759p | | Rosemarie Persson | -37 | Malmö | 2012-06-09 |

K80

| Gren | Resultat | | Namn | | Plats | Datum |
|---------------------------------|------------------------|------|-----------------------------------|-----|------------|------------|
| 100m | 19.78 | +1.6 | Astrid Nilsson | -36 | Borås | 2018-07-06 |
| 200m | 41.85 | +0.7 | Astrid Nilsson | -36 | Söderhamn | 2016-07-23 |
| 400m | 111.05 | | Astrid Nilsson | -36 | Perth AUS | 2016-11-05 |
| Höjd | 0.98 | | Sonja Nilsson | -39 | Huddinge | 2019-08-18 |
| Längd | 2.52 | +0.6 | Sonja Nilsson | -39 | Caorle ITA | 2019-09-09 |
| Kula 2.0kg | 6.94 | | Anna-Lisa Lind | -36 | Malmö | 2016-08-13 |
| Diskus 0.75kg | 15.09 | | Rosemarie Persson | -37 | Malmö | 2017-09-02 |
| Diskus 1.0kg | 11.20 | | Anna-Lisa Lind | -36 | Huddinge | 2019-08-17 |
| Slägga 2.0kg | 21.38 | | Anna-Lisa Lind | -36 | Ancona ITA | 2016-04-01 |
| Spjut 400g | 13.86 | | Anna-Lisa Lind | -36 | Söderhamn | 2016-07-22 |
| Vikt 4.0kg | 9.59 | | Anna-Lisa Lind | -36 | Malmö | 2016-09-03 |
| Kastfemkamp K80 | 3392p | | Anna-Lisa Lind | -36 | Malmö | 2016-08-13 |

K85

| Gren | Resultat | | Namn | | Plats | Datum |
|-------------------------------|---------------------------|------|--------------------------------|-----|-----------|----------------|
| 100m | 21.80 | +1.3 | Astrid Nilsson | -36 | Lund | 2021-06-23 |
| Längd | 2.14 SR85 | +1.4 | Astrid Nilsson | -36 | Lund | 2021-06-23 |
| Kula 2.0kg | 5.34 | | Anna-Lisa Lind | -36 | Högby | 2021-08-22 VSM |
| Diskus 0.75kg | 11.10 | | Anna-Lisa Lind | -36 | Högby | 2021-08-22 VSM |
| Slägga 2.0kg | 16.10 | | Anna-Lisa Lind | -36 | Ängelholm | 2021-09-19 |

Spjut 400g
Vikt 4.0kg

10.25
6.54 SR85

Anna-Lisa Lind
Anna-Lisa Lind

-36
-36

Högby
Malmö

2021-08-20 VSM
2021-09-25